

Dear Parents and Students,

This term, we will be creating a healthy food picture for a fictional Instagram post as a science project. You will find the details below:

Healthy Food Instagram Project

For this project, you will need:

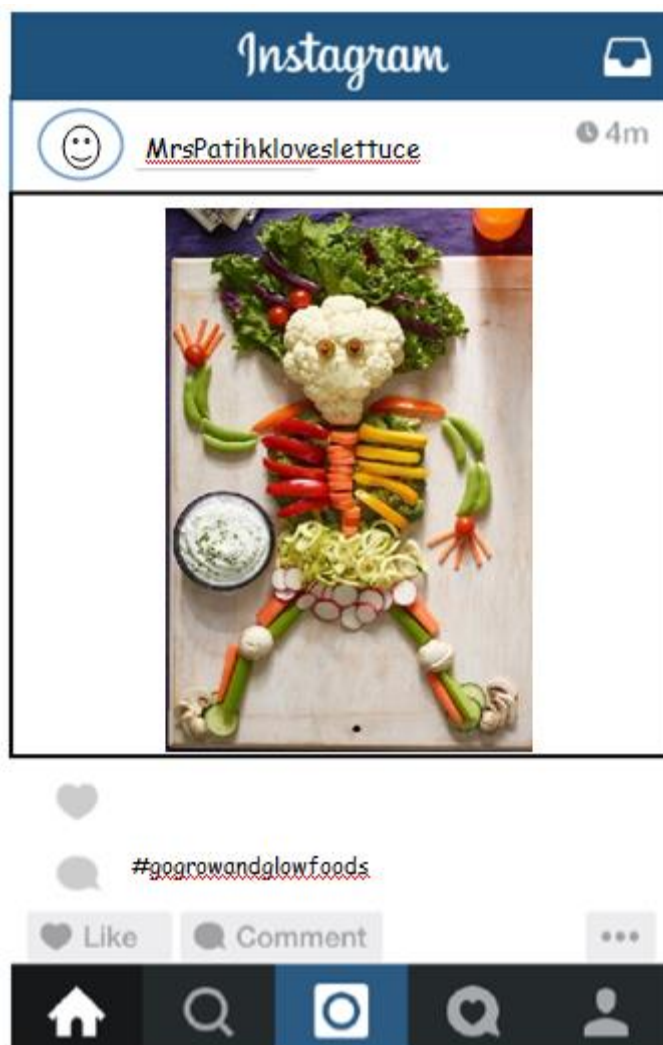
- A variety of at least 4 fruits and vegetables (this can be all fruits, all vegetables or a mixture of both fruits and veges)
 - A camera
 - A printer and paper (photo quality or copy paper)
 - Colours and decorations
1. Firstly, cut your fruits and vegetables into interesting shapes. (Please ensure that you get the assistance and permission of your parents/ guardians)
 2. Next, make a collage or picture using those shapes.
 3. Then, take a picture of your food collage.
 4. At this point, you can either (a.) use the Instagram template provided or (b.) create your own Instagram template.
 - a. If you use the Instagram template provided, print a picture of your project that fits within the template and stick it in.
OR
 - b. Create your own Instagram template and stick in your picture.
 5. Draw in a mini-profile picture and write your Insta-name at the top of the profile.
 6. Write in your own food- related hashtag and comment at the bottom of the template in the correct place. E.g. #goglowandgrowfoods
 7. Lastly, decorate your project.
 8. Remember to write your name and class on the **BACK** of the project.
 9. In class your project will be displayed for the class to see. Please prepare to tell the class what fruits and/or vegetables you used, what inspired your creation and what was your favorite part of making the project.

You will find a sample of the project on the next page.

This project is due on TUESDAY 29th OCTOBER for all Grade 4 classes. Marks will be deducted for each late day of submission.

Please cut out the following rubric and stick it to the back of your project.

| | |
|--------------------------------|--|
| Use of healthy foods (8 mks) | |
| Creativity (4mks) | |
| Decorations (2 mks) | |
| Following instructions (4mks) | |
| Relevant hashtag (2mks) | |
| Oral presentation (5 mks) | |
| Total (25 mks) | |

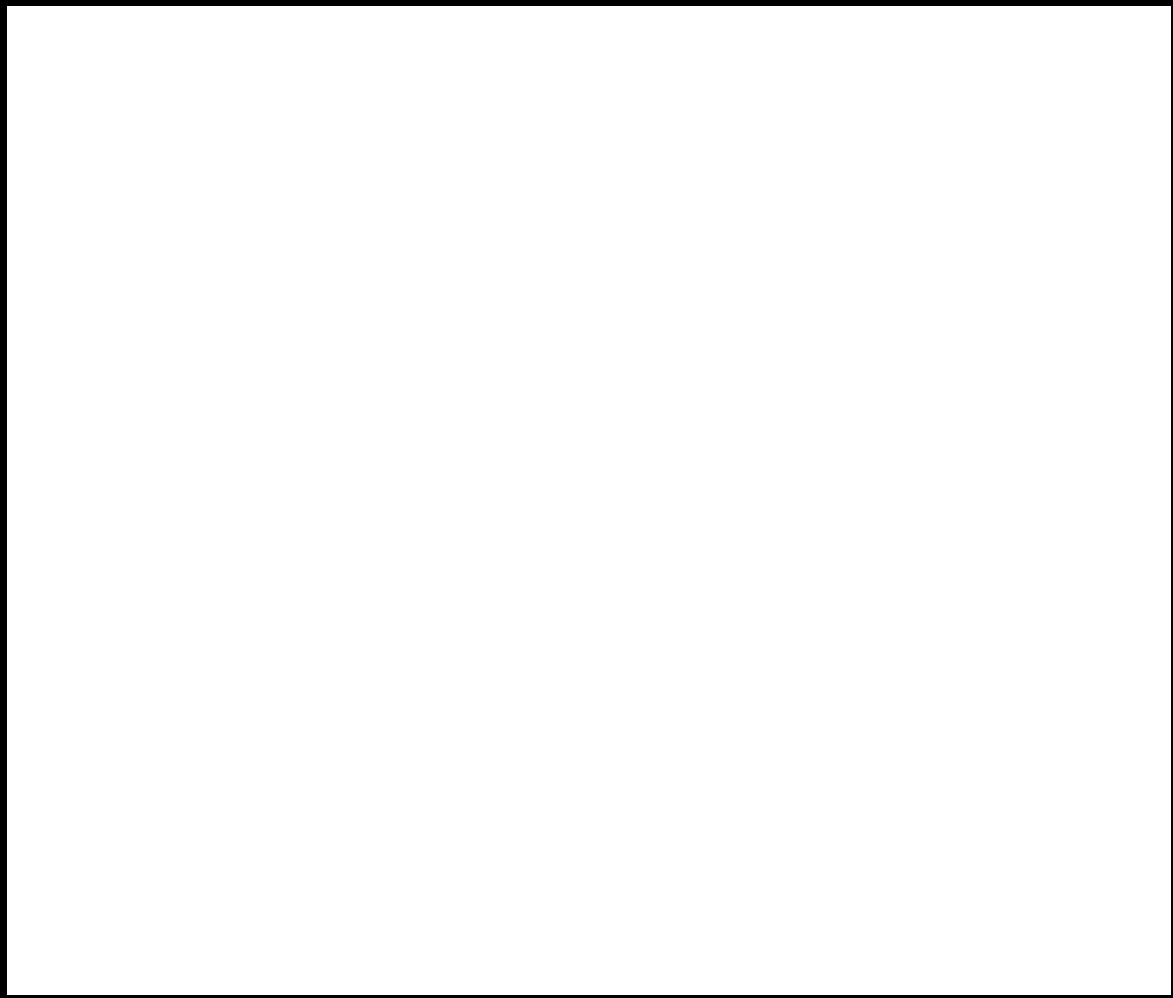


Kind regards,

Grade 4 Science Teachers



🕒 4m



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